

# A Simple 4-Step Process to Aid in Dry Eye Diagnosis

#### **Important**

- InflammaDry should be performed **PRIOR** to instilling ocular anesthetic, topical dyes, or performing Schirmer testing. If drops are used, wait 2 hours before collecting a tear sample.
- Once opened, the Test Cassette should be used within 1 hour.

# 1 Collect sample



To collect a tear sample, gently dab the sample collector in 6-8 locations on the palpebral conjunctiva, until the fleece glistens (see tips below).

### 2 Assemble test



Snap the sample collector into the Test Cassette.

Press firmly where indicated when assembling. A double-click means the test is properly assembled.

# 3 Run test



Immerse the absorbent tip into the provided buffer vial for a minimum of 20 seconds until a purple fluid wave is observed moving across the result window.

Replace the protective cap and lay the test flat on a horizontal surface.

# 4 Read results



After 10 minutes, read the test results. RED + BLUE = POSITIVE BLUE = NEGATIVE

#### Reading the results

- Wait a minimum of 10 minutes before reading test results.
- If the test is negative after 10 minutes, allow an additional 5-10 minutes before reading test results.
- Read any form of a red line, whether faint, broken, or shadow, as a positive test result.

# Tips for success with InflammaDry

#### Collecting the tear sample



Instruct the patient to look up.



Gently lower the eyelid to expose the palpebral conjunctiva.



Dab the sampling fleece in multiple locations along the conjunctiva, releasing the lid after every 2-3 dabs.



Allow the patient to blink.



After completing a minimum of 6-8 dabs along the conjunctiva, allow the sampling fleece to rest on the conjunctiva for an additional 5 seconds, to ensure saturation.



Inspect the sampling fleece. The fleece will glisten when an adequate tear sample is collected. Depending on the patient's tear composition, the fleece may also turn patchy pink in color. If the fleece is NOT

glistening, repeat the

entire process.

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Refer to the Package Insert for InflammaDry found on the InflammaDry product page under Product Documentation at: quidel.com/InflammaDry